



Welcome to the latest edition of SCREECH, Newsletter of the ACT Masters Hockey Association.

2023 HA Masters Championships

After a MASSIVE couple of weeks our six teams have returned home (less a couple of folks wandering off to other climes, towing vans or getting lost in Singapore). Experiencing almost every season, sometimes on the same day, we used the weather to great advantage and returned with some excellent results. We certainly showed we are not to be taken lightly.

Final team placements were

2023 FINAL STANDINGS

■ O34 3rd Bronze

№ O45/1 3rd Bronze

№ 060/2 6th

№ 065/1 6th

☑ O70 4th

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Newsletter of the ACT Masters Hockey Association inc

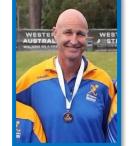
ACT Masters Hockey respectfully acknowledges the traditional Custodians of the lands throughout the Australia on which we play our great game. We pay our respects to Elders past, present and emerging.

One Flew Over The Cocky's Nest

... or Never let the trath get in the way of a good story

I saw some outstanding personal and team efforts during the recent Championships in Perth. Knowing I needed to be on my game I travelled Business Class, too bloody far to fly economy. I take my "hat" off to our "Players' Player" in each team

- 34s ... 'Dashing' Dan Conroy
- 45s ... Mat 'Calypso' Hope
- 50s ... Brett 'Pontoon' Pontt
- 60s ... Mike 'Hammer' Hemsley
- 🏂 65s ... Pete "Farmer" Shepherd
- 🕺 70s ... Steve "Choppa" Graham





Chris 'Chutney' McCarthy received the equal top goal scorer for the 45/1 competition, with 10 goals out of the 14 the team scored. That's more than SA, NSW and WAC scored as teams!! Sensational Chutney.

Glenn 'GT' Turner top scored in the 34s competition with 14 goals from the pool rounds, Other than WA, that was more than the other 6 teams scored across both pools. Fantastic effort GT and well done.

Well, according to reliable sources, after years of suffering bank busting fine sessions the 60s team introduced a less expensive way of recognising stellar performances on and off the field. Named the "Dork of the Day" Award it resulted in some noteworthy nominations, and well-deserved awards. Perhaps the most

extraordinary was after their 5v6 Classification match where an unnamed team member, running late for post-match hospitality (really??!! Would never have guessed) was last to clear the team dugout on PHS2. Seeing a full lolly container and another full of fruit he decided to "lift" the containers and head to the bar. Proudly boasting and wearing his 'I'm looking after my teammates' grin, he led from the front in devouring most of the contents. A distraught NSW Manager rang the team looking for their containers, recently placed in a key position on the dugout wall ready for their Semi Final match. Containers unashamedly returned without top up!



The culprit is somewhere in this photo









Do ya reckon' he should pick up a well deserved "Finals Edition" of the 60s Dork of the Day"?

Yeah, me too.



Perth also hosted the ACT State Dinner (but we are a Territory Doug, why do we call it a 'State' Dinner !?!?). After catching a lift with a couple of dubious characters I got to catch up with a bunch of old mates from across the country. Rooster's beard hasn't got any shorter and most of the 34s haven't got any more hair from last time I saw them.





Gereech

Reporter-at-Large, ACT Masters Hockey Assn



Newsletter of the ACT Masters Hockey Association inc





Caption This ...

Send your entries to:

vice-president@actmastershockey.com

Best entry, as judged by a panel of Screech's peers, will win an ACT Masters Hockey supporters pack: gym sack, bottle opener, pin, & other good stuff.

"Don't cry Dannie, this sh#t wouldn't happen if you still played for us."

Some more action shots from Perth, courtesy of Craig @ Sportpics





















Thanks Mate, two beers it is.



Yes, YOU!



Tuggeranong Challenge

While the cats were away!

While our teams battled in Perth, a strong contingent of master's players kept in touch and played the Tuggeranong Challenge.

Played socially over the three weeks between quarters 3 and 4, we had a great time in the tradition of Masters. Mixed teams, new faces, old paces: hard hockey and plenty of fun, followed by a drink and a sausage sizzle.

Thanks to my good mate Bill and Tuggers' stalwarts Jason and Marcelle for making it happen. Thanks also to the 80 participants over the three weeks.

Leo

[pic] The crew from our last night



Get to Know Your Mascot



Ever wondered who this guy actually is?

His full name is *Nigel Cockington Screech*, erstwhile Mascot, and Reporter at Large for the ACT Masters Hockey Association. He has also been called the 'Combat Cocky', but who designed him, when and for what reason? If you have information, please get in touch. We are keen to capture more of our history and ensure that future generations of Masters understand who we are and where we came from. Even our Mascots.



Fundraising to Save Lives

The ACT 50's goalkeeper (Andrew Paterson) was unable to play this year after suffering a heart attack. He is successfully recovering after 3 bypasses. Andrew is one of our Albury contingent and still travelled to Perth to assist the Manager and Coach, even though he could not play. Andrew is raising money for the Heart Foundation's research efforts by walking 42km in October. The ACT 50's team have donated their fines and 'leftover' money to sponsor Andrew.

We encourage everyone to consider supporting Andrew's efforts – Heart Disease is close to almost every family in our Association in some form or another.



The link is https://www.mymarathon.com.au/fundraisers/andrewpaterson

My Activity Tracking

46.6 km

84 km



Recognising our Hockey Volunteers

Do you know someone in our masters hockey community that should be recognised for their hard work? Each year many clubs and teams publicly recognise those amongst us whose long, tireless efforts allow us to continue playing the sport we love. Did you know that your Committee can help ensure that this recognition is both public and formal? There are a range of awards that can be made available to members of our community, including ACT Masters Service Awards, Hockey ACT and Hockey Australia awards and access to the Order of Australia. If you would like to recognise someone in the Association or your Club contact the Honours & Awards Sub-Committee through our President, at president@actmastershockey.com



ACT Masters Service Awards

In 2020 the Committee accepted a recommendation to develop a Service Award to recognise the commitment of members of ACT Masters Hockey, much of which had gone unheralded over the 40-year history of the Association. Up until 2020 the only means of recognising service to the Association was through Life Membership. This meant that a wide range of service by members went without a visible acknowledgement of the time and effort provided for the betterment of Masters hockey in the ACT and across Australia.

The Service Award has four levels of recognition: Bronze, Silver, Gold and Life Membership, with each of the first three levels achieved by way of a points system. Points are awarded to recognise service and achievement for a range of categories, including playing and coordinating teams in our local competitions, representing the ACT as a player, coach, manager and official, and additional service on committees and specialised appointments in service of Masters hockey. The Committee began presenting the first Awards to

recipients in early 2021. Awards will continue to be presented at functions and events throughout the year, as members become eligible for an award.

Several awards were presented in Perth at the 2023 ACT State Dinner. Bronze Awards went to Graham Wood, Steve McEntee, Lindsay Chapman, and Ross 'Rooster' Chapman. Additionally, Lindsay and 'Rooster' presented with their Silver Award. Congratulations to all deserving recipients and thank you for your long-time service to ACT Masters Hockey.







ACT Masters Hockey Association Service Awards



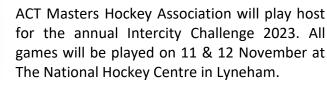






Intercity Challenge Returns to Canberra









<u>Age Divisions</u> 34 to 45s (Masters), 46 to 55s (Senior Masters), 56 to 65s (Grand Masters) and 66s and Over (Legends)

Questions? e-mail: events@actmastershockey.com **To nominate** https://www.actmastershockey.com/intercity-challenge-2023/



2 games per Age Group -Sat PM and Sun AM. Pick Up Stix will be open.





SX

PRESS RELEASE: For distribution to all Masters Hockey players within Australia.

16 August, 2023



Southern

Cross

Hockey





What is Southern Cross Masters Hockey and how do I get involved?

Southern Cross Masters Hockey Inc (SCMH) is an Australian-based organisation to promote international hockey for Masters players in the **O55s**, **O60s**, **O65s**, **O70s**, **O75s** & **O80s** age groups.

SCMH (aka SX) since 2012, receives invitations to compete in competitions sanctioned by the Federation of International Hockey (FIH) which endorsed **World Masters Hockey** (WMH) following WMH's incorporation in October, 2018. Much more info at www.worldmastershockey.org

[The **WMH** was formed by combining two existing organisations – the International Masters Hockey Association (IMHA) and World Grand Masters Hockey (WGMA)].

How does it work for SX? At an international masters hockey tournament – eg a World Cup event – two competitions are run in parallel, at the same venue, at the same time.

One is recognised as a "National Teams" competition and the other is known as the "Spirit of Masters" competition (formerly known as Tournament Trophy) which caters for national 2nd teams and the affiliated non-national teams.

Currently there are three non-national groups, one of which is Southern Cross Masters Hockey Inc., and the other two are, Alliance and England LX.

Tournaments SX has attended over recent years (nil during covid) are...

2018 World Cup & Tournament Trophy (Barcelona, Spain).

2019 European Cup & Tournament Trophy (Brasschaat, Belgium).

2022 World Cup & Spirit of Masters (Tokyo, Japan).

2023 European Cup & Spirit of Masters (Valencia, Spain).

How do I get involved in SCMH?

The website for Southern Cross is http://www.southerncrosshockey.org

To become a member (currently free to join) of Southern Cross Masters Hockey Inc., visit the website and click on the **MEMBERSHIP** link. Those familiar with the HA-sponsored RevSport registration system used by many hockey associations will be familiar with the process.

When you register, you identify yourself as a **Player** or **OFT** (Off-Field Team) member, such as Umpire, Manager, Coach, Physio, Massage Therapist, or a Supporter, etc.

Registered members can nominate for upcoming tournaments (as Players & OFTs etc), as well as attend the AGM, usually held during the Australian Masters National Championships (AMNC).

Upcoming WMH organised tournaments SX is planning to attend.

- Asian Cup Spirit of Masters Hong Kong, Nov 2023. (60s; 65s; 70s).
- World Cup Spirit of Masters Cape Town, South Africa, Oct 2024. (65s, 70s, 75s, 80s).
- World Cup Spirit of Masters Auckland, New Zealand, Nov 2024. (55s & 60s).

For more information: Please email the Southern Cross Masters Hockey Secretary on this LINK

~ ENDS ~



Did You Know?



Often the most frustrating part of playing hockey, especially Masters, isn't our diminishing pace, mobility or speed, it is more likely our understanding of the rules of the modern game. Many Masters players feel the frustration of umpiring decisions that appear to be wrong, yet those around us may have a different opinion as the game proceeds. Each month we will endeavour to clarify a couple of the more frustrating rules and how they are applied in today's game.

The Aerial Ball ... one of the fastest growing aspects of the modern game is the aerial ball. It is also one of the least understood. Check out this video ...

Guide to Understanding AERIALS
https://www.youtube.com/watch?v=VS68CClbZ3U

Rule Reminders *Aerials*

Rule 9.10: players must not approach within 5 metres of an opponent receiving a falling raised ball until it has been received, controlled and is on the ground: where the initial receiver is unclear the side which places the ball in the air must allow the opponent to play the ball.

Where possible, umpires can assist with this process by communicating to players who owns the landing space

Rule Reminders

Aerials RULE 9.10 The ball may be intercepted within 5 metres but outside of playing distance provided it is done safely

An aerial interception must be done in one movement which takes the ball away from the initial receiver



Rule Reminders

Aerials

For a deliberate breakdown of an aerial in 23m area by a defender, a PC should be awarded

For a deliberate breakdown of an aerial in the circle by a defender, a PS should be awarded

Rule Book - Latest Version

https://www.fih.ch/media/13523568/fih-rules-of-hockey-jan2022-final-updated 001.pdf





UPCOMING EVENTS

Don't forget to mark your diaries with these upcoming events

Fivery Thu Happy Hour Hockey (Lyneham)

27 Aug 23 Cbr Trg Day for Rep Teams (Tuggeranong)
 23 Sep-7 Oct 23 HA Masters National Championships (Perth)

11-12 Nov 23 Intercity Challenge Cbr v. Syd (Lyneham)

2023 ACT MASTERS HOCKEY CALENDAR

The updated calendars of all Masters hockey events involving the ACT, NSW and HA is available on the ACT Masters Hockey website.

Follow the link to download the calendar in PDF format: https://www.actmastershockey.com/act-masters-calendars/

The calendar now also includes a yearly planner, making it easy to see events across the year in a single glance.





NEW WEBSITE URL: www.actmastershockey.com

Need to contact ACT Masters Hockey?

Membership Enquiries

General Enquiries <u>secretary@actmastershockey.com</u>
Finance Enquiries <u>treasurer@actmastershockey.com</u>

Monday Night Competition <u>mondaycomp@actmastershockey.com</u>
Representative Teams and Selections <u>selections@actmastershockey.com</u>

National and International Matters vice-president@actmastershockey.com

Events & Activities <u>events@actmastershockey.com</u>

Umpiring Enquiries <u>umpire-contact@actmastershockey.com</u>

Uniform Enquiries <u>uniforms@actmastershockey.com</u>
Recycling Enquiries <u>recycling@actmastershockey.com</u>

FACEBOOK https://www.facebook.com/groups/397180145144611

ACT Masters Hockey: <u>www.actmastershockey.com</u>

Hockey Australia Masters: https://www.hockey.org.au/play/masters-hockey/

World Masters Hockey: www.worldmastershockey.org



registrar@actmastershockey.com