



## CONCUSSION GUIDELINES

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APPROVED BY:	ACT MASTERS HOCKEY COMMITTEE

**ADOPTED BY ACT MASTERS HOCKEY: 15 SEPTEMBER 2020**

In meeting its duty of care to provide a safe playing environment, ACT Masters Hockey utilises the Hockey Australia Concussion Guidelines and follows these for the conduct of all activities. Hockey ACT has also recently adopted Hockey Australia's new Concussion Policy.

Team Managers, Team Coordinators and Team Captains, in fulfilling their respective roles, have an important part to play in managing player health and safety. These responsibilities extend beyond the conduct of games and include monitoring players who may be injured as a result of an incident or accident during a game.

As a minimum, the ACT Masters Committee requires all Team Managers, Team Coordinators and Team Captains to be familiar with the guidelines for concussion. All players should be encouraged to also familiarise themselves with the guidelines.

# ACT MASTERS HOCKEY CONCUSSION GUIDELINES

To assist, the guidelines can be found by following these links and on the [Hockey ACT Publications](#) page on their website:

- [Concussion Policy](#)
- [Concussion Toolkit](#)
- [Concussion Management Workflow](#)
- [Concussion Report Form](#)
- [Concussion Poster](#)

The concussion management workflow and posters have been updated in all Hockey ACT dugouts ready for Round 1 of the 2022 Senior Competitions.

Please familiarise yourself and your team with the policy and the workflow of what to do in the case of a suspected concussion. It is important to be aware of the [Hockey ACT First Aid Guidelines](#) which indicates that in all training and matches the welfare of the player and members is the responsibility of their club through their nominated representative (coach, manager, captain or club official), in the absence of a qualified medical practitioner.

In the event that an ambulance needs to be called the Facility Supervisor can open the external gates. When Supervisors are not present (training, external competitions) please see the bar staff who also have a key that can open the gates.